

CMD Update – March 2018

Within the Diocese

- Personal Financial Planning, 19 April, Church House, Leeds
- Mental Health Workshop: 28 April, All Hallows, Leeds
- **NEW!** Estates LyCiG Residential, 25-28 June, Swanwick
- **NEW!** RSCM Developing Parish Music, 12 July, Venue tbc
- Deliverance Ministry, 8 May, Armley or 18 October, Addingham
- Spirituality/Spiritual Direction Course Starts Sept 2018 St. Peter's, Gildersome
- **NEW!** Pre-retirement Course, 20 & 26 September, Leeds
- Mid-Ministry Course, 1-5 October, Scargill House
- Retreat Week for Clergy, 8-14 October, Parcevall Hall
- Pre-Retirement Course, 9-11 October, Scargill House
- Pre-Retirement Course, 22-23 November, Wydale Hall

Beyond the Diocese

- Suicide Awareness, 26 April, York
- Mindfulness for Christians, 19 May, Leeds
- Grief, Loss and Pain, 25 May, York
- Developing a Healthy Christian Resilience, 21 June, York
- **NEW!** 'Just put me in the bin' – Contemporary challenges around ashes and bodies, 26 June, Staffordshire
- Moving On, 10 July, Exeter
- **NEW!** Working Safely APSE Annual Conference, 4-5 September, York
- **NEW!** Science, Technology & Faith, 12 September, Cuddesdon

For more information see below – any booking forms mentioned can be downloaded from <http://www.leeds.anglican.org/training-clergy> (bottom of the web page). Alternatively please email jenice.guild@leeds.anglican.org to obtain a copy.

CMD Events within the Diocese: Full Information & Booking

PERSONAL FINANCIAL PLANNING – During your Ministry & Beyond

19 April, 10am-2.45pm

@ Church House, Leeds, LS1 2EX

(Note the session will start at 10am – drinks will be available beforehand)

Leader: Richard Wood ACII FPFS, Chartered Financial Planner

Head of Ecclesiastical Financial Advisory Services (IFA)

The main session will run from 10am-1.30pm. In addition the speaker is offering individual one-to-one financial planning appointments between 1.30-2.45pm.

Feedback from delegates who attend clergy pre-retirement events around the country, often includes the comment; " I wish I had known what to expect financially ten years earlier". So this event is an informative financial awareness and future planning workshop for all clergy and their partners led by Ecclesiastical Financial Advisory Services (independent financial advisers) and designed to help you demystify personal finance issues and help you plan for the future no matter how far you are from retirement. The topics covered will include financial planning hints and tips, housing and property purchase, what to expect from the clergy and state pension schemes and how to make more of it plus key things to be aware of when saving and investing. The speakers will encourage questions throughout and will be available for individual questions during coffee and over lunch. You can also pre-book a short one to one meeting at the end to discuss personal financial issues if you wish. Please note, spouses are welcome to attend with you.

To book a place please contact: jenice.guild@leeds.anglican.org.

Please give any dietary requirements.

There is one individual appointments left in the afternoon. Please also book this slot via Jenice.

MENTAL HEALTH WORKSHOP

28 April, 9.30-1pm

@ All Hallows, 24 Regent Terrace, Leeds, LS6 1NP.

This is a 3 hour workshop to give you space as clergy and church folk to explore how you can respond to people with mental health problems who come into your midst. The aims of the workshop are that you will leave with practical ideas on what you can do to support people and when you need to be helping them to access other more specialist services, you will have more ideas on recognising what is and isn't a crisis and more understanding of the mental health services available to people in Leeds. The workshop will not be looking at specific diagnoses but will include discussion on some of the things people may be struggling with who have problems with emotional instability, depression, anxiety and psychosis. It is being facilitated by 2 Occupational Therapists who work in the NHS with children and adults with serious mental health problems.

To book a place please contact Carol Stenner: carol.stenner@leeds.anglican.org or 0113 353 0281.

ESTATES LyCiG RESIDENTIAL

25-28 June

@ The Hayes Conference Centre, Swanwick, Alfreton, Derbyshire, DE55 1AU

If you are on an estate and want help, encouragement and inspiration to help grow your church then why not come on this course? For further details please follow this link to the LyCiG website – www.leadingyourchurchintogrowth.org.uk/courses/the-residential-event.

If you want to bring a lay leader with you, the Diocese will pay for the first 20 people who apply for a lay leader's place. To find out more please contact Richard Earnshaw – richard.earnshaw@leeds.anglican.org.

If you want to talk more about the Conference in general then please contact Robin Gamble – robin.gamble@leeds.anglican.org, or phone 07748943541.

RSCM Strengthen for Service LITE

A day on managing, maintaining and developing parish music

12 July, 10am-4pm

@ Venue to be confirmed

The programme will include:

- How to move a parish forward in their thinking and practise
- Looking at the tensions between traditional and contemporary styles
- Leadership with and without musicians
- Resources and choices
- Worship and music

DELIVERANCE MINISTRY

8 May, 2–3.30pm

@ St. Bartholomew's Armley

OR 18 October, 2–3.30pm

@ St. Peter's Addingham

Leaders: The Revd Canon Nicholas Turner & The Revd Michael Wood

The ministry of deliverance is sometimes viewed with fear or mystery, we offer this time together as a chance to allay any fears and remove mystery; strengthening clergy in their

calling to make the name of Jesus known in all places and situations. This is a ministry which needs to be exercised with confidence but also with discretion and a ministry which needs to be closely linked to the Diocesan Safeguarding procedures and practices.

- We will examine what is meant by Deliverance
- Explore frequently used terminology
- Look at what parochial clergy can do and what they must not do
- Relate Deliverance work to Safeguarding

- Share resources which are available for parish clergy.

To book a place please contact: Jenice Guild at jenice.guild@leeds.anglican.org or on 0113 353 0280, stating clearly which date you wish to book for.

A TWO YEAR SPIRITUALITY COURSE

10am-3pm

@ St Peter's, Gildersome

Year 1 Exploring Spiritual Growth

Year 2 Equipping for Spiritual Direction

- Are people drawn to you to talk about their hopes and fears in their walk with God?
- Have you sensed that God might be calling you to a ministry of spiritual companionship in this way?
- Do you think some exploring of your own journey, and some experiential training might help develop your gifts?

The course starts in September 2018 and it is open to lay people and clergy of any Christian denomination.

There will be ten sessions each year on Thursdays - Year 1 dates:

2018 13 Sep, 18 Oct, 15 Nov

2019 17 Jan, 14 Feb, 14 Mar, 11 Apr, 16 May, 13 Jun, 11 Jul

For an Application Form, and further information, please contact:

Carol Bye - cmbyde@btinternet.com

Closing date for applications is 30 June 2018

PRE-RETIREMENT COURSE

20 & 26 September, 10am-4pm

@ Church House, Leeds LS1 2EX

This is a two day non-residential course, both days covering different material.

Lunch and refreshments are provided

Coordinator: Uell Kennedy (returning from his own retirement to do this out of the goodness of his heart).

The course will cover the following aspects of retirement:

- Transition to a new stage of life
- Self-care
- Health
- Housing and Finance (pension, tax, investments etc.)

There is no cost to clergy from within the Leeds Diocese for this. Please book your place with jenice.guild@leeds.anglican.org.

MID-MINISTRY COURSE

1-5 October

@ Scargill House

Cost: £450 (you can use your CMD grant to pay for this)

Leaders: Claire Pedrick (from 3D Coaching); Phil Stone, Jackie Reilly and Lucy Clelland (Scargill House); Bishop Chris Edmondson & canon Felicity Lawson

This course is intended for those who are already well established in ministry (10 years in or more) and/or those who have 10 years or so to go before retirement. The course will offer professional support and coaching to help clergy consider their options for the future, whether that means staying where they are with renewed vision, or looking to move on.

Bookings to be made directly with Scargill House: Download Booking Form [here](#) (Scroll to the bottom of the CMD webpage) or email jenice.guild@leeds.anglican.org If you wish to use CMD grant to pay for this please check with Andrew Tawn (andrew.tawn@leeds.anglican.org) and inform Scargill House that the diocese will pay.

RETREAT WEEK FOR CLERGY

8–14 October

@ Parcevall Hall

Parcevall Hall has reserved this week for clergy retreats (non-guided). If you have stayed here before you will know it is a place of great peace and beauty. If you have not stayed here, do take a look at the website: parcevallhall.org.uk

You can book in for a longer or shorter time during this period. Please contact Parcevall Hall directly to make bookings: admin@parcevallhall.org.uk or ring: 01756 720213.

You can use your annual CMD retreat grant of £210 towards this.

PRE-RETIREMENT COURSE

9-11 October

@ Scargill House

You can attend as an individual or with a spouse/partner

Cost: £400 per couple or £250 for a single room.

The diocese will pay half the total cost to attend this – the rest can be claimed from CMD grant.

The aim of the conference is to provide information about the transition to retirement covering practical matters of health, housing, pension, tax etc. The course will also explore what vocation might mean following retirement from full time ministry, and will look at change of role for both clergy and partner. Other areas covered: leisure, education, hobbies, ministry and spirituality. There will also be free and confidential, professional advice on savings and investments.

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(Scroll to the bottom of the CMD webpage) or email
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If you wish to use CMD grant to pay for this please check with Andrew Tawn
(andrew.tawn@leeds.anglican.org) and inform Scargill House that the diocese will
pay.

PRE-RETIREMENT COURSE

22-23 November

@ Wydale Hall

During the first day session of this conference Richard Wood and Kieran Harper independent financial advisers from Ecclesiastical Financial Advisory Services will talk about the practicalities of retirement and preparing for retirement: pensions (Church and State), housing and finances.

The second part of the conference (for 55s and over only) will allow more time for questions and also reflection on the life changes that come with retirement, for example the opportunities and losses that come with the transition from full time ministry We will look at some of the possibilities for ministry or otherwise in retirement and consider the spirituality of this new stage of life.

A doctor will talk about physical health in retirement.

Booking to be made directly with Wydale Hall: Download Booking Form [here](#)
(Scroll to the bottom of the CMD webpage) or email
jenice.guild@leeds.anglican.org

The diocese will pay half the total cost to attend this – the rest can be claimed from your CMD grant.

Other training events from within and beyond the diocese. I pass these on for information. I hope they may be of interest to you but please do not interpret this as a particular endorsement. You can use your CMD grant to pay for these.

SUICIDE AWARENESS

26 April, 9.30am to 12.30pm

@ York Diocesan Offices, Amy Johnson Way, Clifton Moor, York YO30 4XT

Led by the Revd. Andrew De Smet

A half day for Clergy, Readers, Counsellors and anyone involved in Pastoral Work.

For booking form and further information please see:

<http://dioceseofyork.org.uk/supporting-people/training/events/suicide-awareness-session/>

MINDFULNESS FOR CHRISTIANS

19 May, 10am-5pm

@ Bridge Community Church, Leeds

Early bird price: £50

This National Mindfulness Day is for Christians interested in the area of mental health and spirituality. In particular its focus is to enable Christians to engage with mindfulness for health and mindfulness of God in an informed way. The keynote speakers are all experts in this field and will bring psychological, biblical and historical perspectives to the cultural phenomenon of mindfulness. The conference will be invaluable for any Christian interested in this area of mental health and spirituality.

For more information:

<http://christianmindfulness.co.uk/events/national-mindfulness-day-christians>

GRIEF, LOSS AND PAIN

25 May 10am-4pm

@ York Diocesan Offices, Amy Johnson Way, Clifton Moor, York YO30 4XT

Cost £20 (you can use your CMD grant to pay for this)

Led by Canon Dr Bill Merrington www.bmerri.com

A Training Event for Clergy, Pastoral Workers, Carers & those trying to understand Grief

Outline of Day:

- Why do we grieve?
- Grief Models
- The Role of Faith and Religion
- Understanding complexities in Grief
- Developing a healthy narrative
- Caring for ourselves

For booking form and more information see: <http://dioceseofyork.org.uk/supporting-people/training/events/grief-day/>

DEVELOPING A HEALTHY CHRISTIAN RESILIENCE

A Training Event for Self-Development

21 June, 10am-4pm

@ York Diocesan Offices, Amy Johnson Way, Clifton Moor, York YO30 4XT

Cost: £30 (you can use your CMD grant to pay for this)

Led by Canon Dr Bill Merrington www.bmerri.com

Outline of Day:

- What is Resilience and how do we understand it.
- Measuring our stress levels.
- Understanding how individual stress works.
- What does healthy well-being look like?
- How to develop a resilient plan for yourself and others.

- Developing our own Self Care

For booking form and more information please see:

<http://dioceseofyork.org.uk/supporting-people/training/events/resilience-training/>

JUST PUT ME IN THE BIN

26 June – Day Event

@ National Memorial Arboretum, Alrewas, Staffordshire DE13 7AR

Cost: Booking now will save £20 per delegate.

Sandra Miller writes: The culture around death, dying and funerals is changing. Many new pastoral and practical challenges are emerging, but there are also new theological questions to consider. In particular, there is a growing trend towards 'direct cremation' where there is no funeral at all, and a growing trend to retain ashes or use them in jewellery or ornaments. What might be some of the implications and questions arising from these changes? Do Christians have a particular response and how does that compare with that offered by Humanists and other faiths?

On June 26th we are drawing together a range of people, from inside and outside the church, to explore these and other issues. "Just put me in the bin" – contemporary challenges around ashes and bodies is taking place in the memorable context of the National Memorial Arboretum, Staffordshire. It is open to all – lay, ordained, ministers, celebrants, funeral directors, academics. It will be an opportunity to hear perspectives from inside and outside the church, from leading theologians and pastoral experts including Professor Douglas Davies and Joanna Collicutt-McGrath. The conference is hosted by the Bishop of Worcester, the Rt Revd John Inge. Booking details can be found at - www.ashesandbodies.org

MOVING ON

10 July (9.30 am) – 12 July 4.30 pm

@ The Society of Mary and Martha, Sheldon, Doddiscombsleigh, Exeter EX6 7YT

Cost: £375

Led by Claire Pedrick (3D Coaching)

Offering personalised help and coaching to all who are thinking of moving on to a new post. For more information: <https://www.sheldon.uk.com/visit/events/139>

WORKING SAFELY – APSE Annual Conference

4-5 September

@Vanbrugh College, University of York

The Conference will explore the impact on supervisors of supporting supervisees experiencing trauma. Our role requires us to listen and respond, but we may feel ill-equipped and lacking the experience to do this appropriately. The speakers and

workshop convenors come with a wealth of experience in this area of supervision and we are delighted to welcome them to share this time with us.

For more information and bookings please visit -

<https://www.pastoralsupervision.org.uk/next-conference/>

SCIENCE, TECHNOLOGY & FAITH: A RICH TERRAIN FOR CHURCH ENGAGEMENT

12 September, 9.30-4.30pm

@ Ripon College Cuddesdon, OX44 9EX

Cost £15 (includes lunch)

A day conference sponsored by the Science Missioner Project and the Ian Ramsey Centre.

Science and technology are central to modern life, and can have profound effects on individuals and society, yet science and technology are rarely addressed directly by the Church. The idea that science and religion are at odds with each other has become widely accepted, creating a potential barrier to mission. The intersection of science, technology and faith thus provides a rich terrain for church engagement in today's world.

This day conference for lay and ordained church leaders and RE teachers will provide opportunities to hear from experts in the field of science and religion, to take part in workshops on bringing together science, technology and faith in the life of the Church, and to network with others in ministry, all in the beautiful surroundings of the campus of Ripon College Cuddesdon.

Confirmed speakers include Alister McGrath (Oxford University), Jennifer Brown (Science Missioner), Lizzie Henderson (Faraday Institute) and Gillian Straine (Guild of Health & St Rafael)

To register interest, please visit www.sciencemissioner.org.uk/contact

Please provide your contact details and put 'conference interest' in the Your Message box. Conference booking will open in March 2018.