



INTERACTIVE PRAYER IDEAS



SAYING SORRY IDEAS

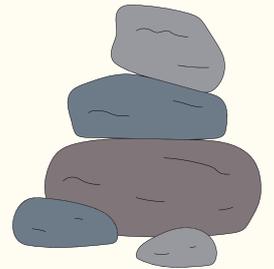
Sorry Stones

You will need: Pebbles and a bowl of water

When we say sorry to God for the things that we have done, we know that we will be forgiven and be given a new start.

Pick up a stone and hold it tight.

Share with God the thing you want to say sorry for.



When you are ready take the stone and place it in the bowl of water as a symbol of the way God forgives us and gives us a new start

Wiped Clean

You will need: Laminated people shapes, felt-tip pens, a damp cloth or baby-wipes

When we say sorry to God for the things that we have done, we know that we will be forgiven and be given a new start.

Take a person shape. Use the pens to write or draw something you want to say sorry for (or you could just write the word sorry)

When you are ready, take a cloth and wipe the person clean as a symbol of the way God forgives us and gives us a new start.

At the Cross

You will need: A wooden cross, heart shaped post-it notes



Set out the wooden cross. Invite people to hold a post-it note heart and think about what they want to say sorry to God for. Then after a pause invite people to come and stick it on the cross as a sign they have been forgiven (they could also write their name on it)

INTERCESSION IDEAS

Pipe Cleaner Prayers

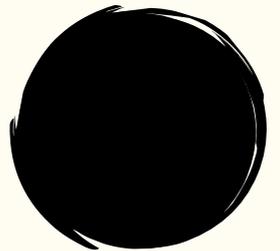
You will need: Pipe cleaners

In the quiet make your pipe cleaner into a circle and as you do, we will pray for the world.

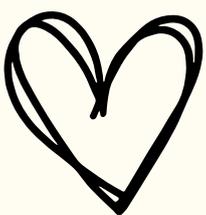
Creator God, thank you for creation and all the incredible things in it. We pray now for areas in the world where there is war or natural disasters.

Lord in your Mercy

Hear our prayer



In the quiet make your pipe cleaner into a heart and as you do we will pray for the church



Loving God, we pray for the church across the world. We pray for those who are persecuted because they are Christians. We pray for our church leaders, globally, nationally and locally. May we always work to

bring you glory.

Lord in your mercy

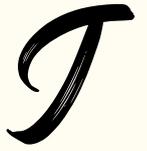
Hear our prayer

In the quiet make your pipe cleaner into the initial of someone you love and as you do, we will pray for people.

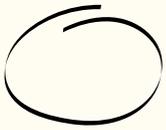
Father God, we are your children. Thank you for our friends and families. We pray now for all those who are sick or lonely, may they know how much you love them. We pray that you help us to be a light to everyone we meet.

Lord, in your mercy

Hear our prayer



In the quiet wrap your pipe cleaner around your wrist as a reminder that God is always with you and as you do, we will pray for ourselves.



Amazing God, thank you for the good things in my life. I hand over to you the things that I am finding hard and ask for your help.

Lord, in your mercy

Hear our prayer

Playdough prayers

You will need: Playdough

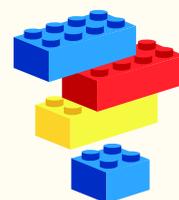
You can use playdough to pray in a number of different ways:

- As with pipe cleaner prayers but for prayer 3 make a person shape with the playdough and prayer 4 make your initial.
- Ask people to make the playdough into something they want to say thank you for.
- Ask people to make something to represent what they want to say sorry for, then transform it into a heart shape to show they are forgiven and loved by God.

Lego Prayers

(from www.flamecreativekids.blogspot.org)

You will need: One Lego or Duplo brick per person



Hold your brick.

Pray for yourself. Thank God for the things he has given you. Ask Him to bless you and to help you to bless others.

Count the bumps on your brick.

For each bump on your brick, pray for a different person—friends or family members. Ask God to bless them this week.

Find someone who has a different colour brick to you.

Thank God for making each person special. Thank him for the things that are different but special about other people. Pray that we will learn how to celebrate and understand people who are different to us.

Find someone with the same number of bumps on their brick as you.

Thank God for families and friends and all who care for us. Pray that He will help us to be friends to those who are lonely.

Put all of the bricks together and build a structure or tower with them.

Thank God for the church and the communities we live in. Pray that He will help us to include others and to help people know that they are loved and valued.

Graffiti Prayers

You will need: Large roll of paper, felt-tips/pens/crayons

Roll out a large sheet of paper and ask people to fill it with their prayers.

You could have a set theme - i.e. praying for those who are sick, things you are thankful for etc. or just general prayers

Torn Cross Prayers

You will need: A rectangle of paper (A5 works best)



Fold the top right corner – Say thank you for the good things we have in our lives



Fold the top left corner to make an arrow pointing down - pray for those who help to guide us – teachers, parents, grandparents, other family and friends

Fold in half – pray for those who need to feel safe. Those fleeing from war or difficult situations



Tear a piece off – pray for those who are sick, hurting or ill

Open up – sit quietly for a moment and pray for anything else that comes to mind.





Contact us:

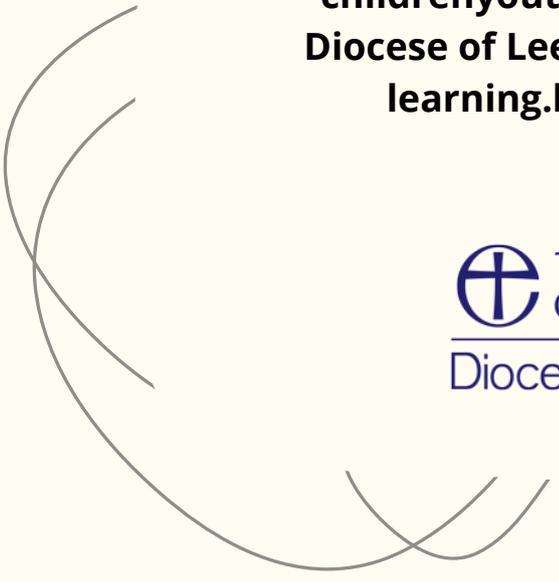
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Diocese of Leeds Learning Platform:

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Diocese of Leeds